

3 - MONTH PERIODONTAL RE CARE VISIT

Scaling and Root Planing is a non-surgical approach to control periodontal disease. There is NO CURE for periodontal disease; it can only be managed or controlled.

The bacteria that can cause periodontal disease will re-establish in 3 months after treatment. A 3-MONTH RE CARE visit is critically timed to *disrupt these bacteria* in pockets greater than three millimeters (3mm) in order to disable the destructive process at its critical stage. This *critical stage* is when bacteria and microorganisms do the most harm to the supporting structures, namely the *periodontal attachment*.

*For patients with adult periodontitis (periodontal disease), supportive 3-month recare is not an option, rather is a requirement for successful therapy. **

** American Dental Association*