

MCCUNE DENTAL

POST TREATMENT INSTRUCTIONS – SOLID FILLER THREADS

Results:

- It may take 4 weeks or longer for the treatment effect to be noticeable
- Bruising and swelling is normal and expected – if bruising is visible you can start taking oral Arnica and apply topical arnica cream or gel.
- Asymmetry and irregularity of the tissues treated is common and should resolve.
- Pain at the injection site(s) is normal – this may last several days or even one week after treatment. You may occasionally also feel stinging or tingling sensations as the solid filler threads settle in, this is normal.

What you need to do:

- If you see any irregularity or puckering of the skin of the treated areas, you may gently massage those areas by gently massaging in circular motions. You may repeat this 3 to 5 times a day.
- If any of the threads are exposed or start to extrude, please contact the office.
- Avoid exercise for 24 hours.

When to call:

- If you experience increased redness, swelling, or pain at an injection area.
- If one or more of the threads begin to extrude.
- If you have any questions or concerns regarding your treatment.

I certify that I have been counseled in post-treatment instructions and have been given written instructions as well.

Patient Signature

Date