

BOTOX / XEOMIN

PRE - TREATMENT INSTRUCTIONS

- Please reschedule if there are any active skin infections in the areas to be treated
- Avoid alcoholic beverages at least 24 hours prior to treatment. Alcohol may thin the blood which will increase the risk of bruising.
- Avoid anti-inflammatory / blood thinning medications for a period of ONE (1) week before treatment. Medications and supplements such as Aspirin, Vitamin E, Gingko Biloba, St. John's Wort, Ibuprofen, Motrin, Advil, Aleve, and other NSAIDS are all blood thinners and can increase the risk of bruising/swelling after injections.
- Schedule treatment at least 2 weeks prior to a vacation or special event in case of bruising.
- If make-up is worn to the appointment it will need to be removed prior to treatment. It is preferable to not wear make up to the appointment. Light and clean makeup can be worn following treatment.