

Arestin Post Procedural Instructions

□ Keep Your Follow Up Appointments

Because the bacteria that cause periodontal disease are persistent, the infection can return. Please be sure to make your follow-up appointments with your dental hygienist. This is important so that we can re-examine your gums, make sure the infection is under control, and measure the success of your treatment.

This is very much a team effort!

□ How Does Arestin Work?

Arestin (minocycline HCL) 1mg is an antibiotic in powder form. It is placed directly into the infected areas at the deep cleaning procedure, to significantly reduce bacteria as your gums heal. Arestin maintains a high-level of antibiotic right at the advanced gum disease site. It directly fights the advanced gum disease infection for 14 days. Arestin is applied using a plastic applicator. Each dose contains 100,000 tiny microspheres of the antibiotic minocycline hydrochloride.

□ How Do I Get the Best Results From my Arestin Treatment?

Avoid eating hard, crunchy, or sticky food for 48 hours after treatment, including popcorn (No Popcorn!), granola, seeds, chips, almonds/nuts, gum, etc.

Please wait 12 hours after treatment before brushing or flossing treated areas.

Please wait 10 days before using floss, or any other devices designed to clean between the teeth, in treated areas which will be _____.

After 10 days you may resume cleaning the treated areas thoroughly.

Keep all other areas very clean after each meal at all times.